

Attractive prizes worth RM5,000 for top 5 winners - all categories! Medals for all participants who complete the race!

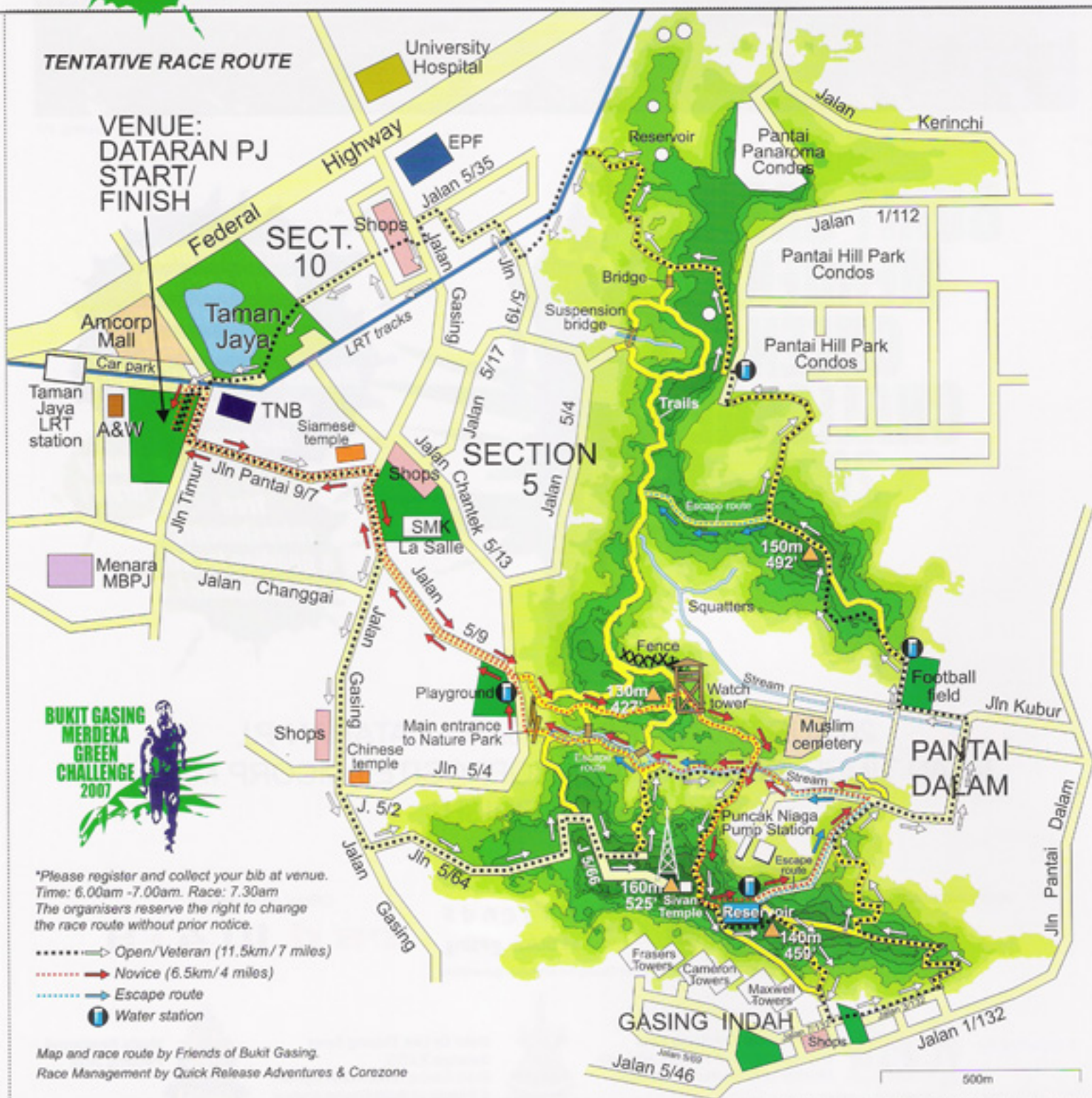
Lucky Draw!

Free refreshments & goodies for all participants!

CATEGORY - OPEN	ENTRY FEES	AGE	ATTRACTIVE PRIZES WORTH RM5,000	DISTANCE
Men & women	RM30	Above 18 yrs	1st - 10th placing	11.5km / 7 miles
Veteran - men	RM20	Above 50 yrs		
Veteran - women	RM20	Above 45 yrs		
CATEGORY - NOVICE	ENTRY FEES	AGE	PRIZES	DISTANCE
Men	RM15	Above 18yrs	1st - 5th placing	6.5km / 4 miles
Women				

TENTATIVE RACE ROUTE

VENUE: DATARAN PJ
START/ FINISH



BUKIT GASING MERDEKA GREEN CHALLENGE 2007



*Please register and collect your bib at venue.
Time: 6.00am -7.00am. Race: 7.30am
The organisers reserve the right to change the race route without prior notice.

- Open/Veteran (11.5km / 7 miles)
- Novice (6.5km / 4 miles)
- Escape route
- Water station

Map and race route by Friends of Bukit Gasing.
Race Management by Quick Release Adventures & Corezone

FOR DETAILS & ENTRY FORMS GO TO www.mycorezone.com